



point 3

FEBRUARY 2004

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The magazine of



TOC H

Firm foundations for future

Talbot House at Poperinge holds a very special place in the minds of everyone involved in Toc H, for this is where the organisation was born during the dark days of the First World War. Now building work at Poperinge is looking to the future.

During Toc H's early days, space was at a premium because of the large numbers of visiting troops. The hopstore next door began to be used for various activities, including a make-shift concert hall which provided much-needed entertainment for those who sought rest and recuperation at Talbot House.

When Talbot House, Poperinge, was eventually bought by the Talbot House Association in 1929, the hopstore was not included in the sale and the building fell into disrepair.

But in 1996 the association was given the opportunity to buy the store. It was decided to renovate it to relieve the pressures on Talbot House itself, and to improve facilities for visitors. Work began in January 2003.

Opening

It includes restoration of the floors and ceilings, the oast house, the hop-lifting mechanism and the roof. The aim is to return the building to how it would have looked in the early 20th century, plus heating, electricity, and toilets.

There will be new audiovisual equipment and a permanent exhibition on Poperinge during the First



World War, 'Life Behind the Lines'. The original concert hall will be developed as a meeting place where the emphasis will be on peace and reconciliation, the visitors' centre will be renovated, and a seminary, a records department, and a museum shop will be added.

It is hoped that the building work will be completed next month, and that the new site will open to the public in May. An official opening ceremony is to be held around Armistice Day, an appropriate time to celebrate Talbot House's future, while remembering the past events through which it was founded.



Pictures show various aspects of Poperinge as it undergoes its restoration.



New city academy with Toc H

Toc H has broken new ground in acting as sponsor to allow the creation of a new city academy in Bradford



Toc H has always found modern ways to promote its values of fellowship and service. From the original Talbot House, through the Marks, the work of branches, the volunteer programme, and community projects, Toc H values have pointed towards peace and hope in times of conflict and despair.

If we asked how our founders would have promoted Toc H values in the contemporary context one significant way would be through education.

With the City Academy programme, a new opportunity has arisen to work in partnership through education in Bradford and Lambeth. Over 2,000 pupils and staff will benefit from the opportunities that a partnership with Toc H offers and will help to build a membership base for the future.

Toc H and the Diocese will work alongside each other to start planning the changes including the new buildings needed to bring the new Bradford Academy into being at the former Cathedral College.

With Toc H's support, the academy will place citizenship and conflict resolution studies high on the curriculum.

Chief executive Geoff Smith said: "Toc H already has an international commitment to education. We are keen to promote Toc H values of caring and community building, and we will be working closely with the Diocese. Our investment will unlock £20million of Government funding.

"I am absolutely delighted that we can help the children and the community of the current school, who all deserve the best and most caring education possible. Exciting times lie ahead and I am confident that, while it won't be easy, the end result will be tremendously rewarding."

Clive Sedgwick, Director of Education for the Ripon and Leeds Diocese, said: "We are overjoyed that we are going into partnership and we are looking forward to doing something which will help to radically improve education for children in South Bradford."

David Brett, the college's headteacher, said: "This is a very positive development. It will help us build upon our recent achievements and move into an exciting new phase. We look forward to working with the sponsors and other local schools to enhance the educational

provision in south Bradford."

The idea for a City Academy in Bradford was first proposed by Education Bradford, in partnership with Bradford Council, as an innovative and exciting opportunity. Education Bradford has worked with the DfES to secure Toc H as the sponsor.

Mike Pattison, Education Bradford's Managing Director, said: "We are delighted Toc H has agreed to sponsor the Academy as it provides the support needed to improve the life chances at the Cathedral College."

City academies were introduced by the Government in 2001 to raise education standards, particularly in disadvantaged areas, with the first in London and Liverpool specialising in sport and technology.

The then Education Secretary David Blunkett, launching the city academies scheme in 2001, said: "For too long, too many children have been failed by poorly-performing schools which have served to reinforce disadvantage and inequality of opportunity."

The pictures above show happy scenes at the Cathedral College. Photographs kindly supplied by David Brett, headmaster.

Palace launch for family friendly

A Toc H scheme aimed at helping young people to raise their aspirations and achievements was launched at Lambeth Palace last month in a ceremony attended by the Archbishop of Canterbury.

Toc H already runs a successful Mentoring Project in Cheshire, helping vulnerable youngsters, aged 16-20, by pairing them with older partners who can help them deal with their problems.

UNISON, Britain's biggest trade

union recently described the charity's work as "inspirational."

Mentors also work with young people in London primary and secondary schools, and colleges, helping them to gain confidence in themselves and respect for others.

Toc H is providing the *inTOUCH* London Mentoring as an education and family support scheme. The mentoring currently covers five main areas - school/college liaison, pastoral support, Parents Support

Forum, advocacy and mediation and a Saturday Project.

The key elements are:

- Liaise and work with schools and colleges by providing independent support to young people individually and in groups through workshops and seminars.
- Delivering pastoral support - whether in the home or elsewhere as requested.
- Help in building bridges between



Mentors from Cheshire and London with Archbishop Rowan Williams.

Winston's 'toyshop' is home to

A huge mock-Tudor house with a fascinating history is the base for the Toc H Central Services staff.

The Firs, at Whitchurch, near Aylesbury, Buckinghamshire, was once the secretive headquarters of wartime backroom boffins who

invented a whole host of weapons. These included a so-called "sticky bomb", limpet mines, a huge assault tank capable of transporting its own bridge, and a variety of booby traps and other devices to blow up railway lines.

The inventors were based in London until The Firs was requisitioned from Major Arthur Abrahams. Such was the intrigue and inventiveness of the gadgets they produced there, a book about them was given the eye-catching name "Winston Churchill's



mentors

parents, young people and schools.

Speaking on behalf of the young person if there are exclusion or admission difficulties at school or college.

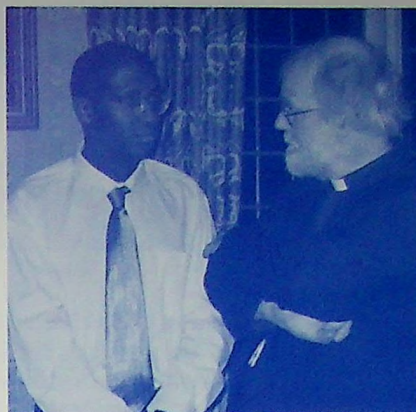
Supporting parents by helping them to acquire skills which will enable them to take a more active role in their children's education.

Enabling young people to establish their own identity, contribute and have a sense of belonging within their community.

Build positive self-esteem, confidence, empowerment and respect for others.

Toc H experience in working with young people has shown that intervention can help them:

- Raise their self-esteem, self-worth, self-respect and self-confidence; gain confidence in their own ability enabling them to shape their own life chances;
- Increase their communication skills - written verbal and non-verbal;
- Develop core skills allowing a greater understanding of "self";



London mentor Rudolph Forde meets the Archbishop of Canterbury.

- Develop greater motivation, independence and determination to succeed;
- Demonstrate what they can achieve; achieve increased decision-making, organisation, planning and problem-solving skills;
- Set own goals and gain a sense of achievement through moving on; become a positive role model; develop self-confidence, pride and a sense of worth.

Mentors are chosen for their skills and experience and given training to meet Toc H standards. The charity can also call on the services of numerous volunteers.

Central Services staff

Toyshop. "After the war, The Firs became a centre for steel research.

The historic building's old stable block and coach house were bought by Toc H last year for the full-time Central Services employees. Director Geoffrey Smith has an office there and

other officials, who work throughout the country, use The Firs as a base when they are in the area. It is intended to rent out the coach house as office space to other organisations.

- Below: Meet some of the people who keep the wheels of Toc H turning!



News in Brief

Managers wanted

Toc H is looking for two area managers, one for the north and one for the south of the country. They are full-time posts and are basically to provide general management support for Toc H projects, branches and county co-ordinators.

More information, and how to apply, can be found on the Toc H website (info@toch.org.uk) or ring Central Services on 01296 642020 or 01296 640011.

£1,000 kick start

Buckingham members came up with an ideal gift for youngsters - a "kickboard" at the local Chandos Park. Toc H contributed £1,000 towards the £6,800 cost of the equipment, which includes a large board, goalposts, benches and safety flooring.

The money was raised through regular book and clothes sales. Branch secretary Desmond Bonner said: "It is a marvellous facility which gives young people a place to go with something to do."

Books gift

Cardiff-based publisher Graffeg has donated two copies of the book *Landscape Wales* to Toc H. One will be given to at a mental-health unit in Llanfairfechan.

The books, which contain more than 130 pictures of breathtaking Welsh scenery, were handed over by Jason Gill of Graffeg, who said: "We are delighted to share these stunning images with those less fortunate than ourselves."

Point 3

Point 3 Editor is Sue Coffey who can be contacted c/o Toc H Central Services or email info@zymo.co.uk tel: 01274 841402. The deadline for the next edition of Point 3 is Monday 15 March 2004.

The opinions expressed in this issue are not necessarily those of Toc H, and the Editor reserves the right to cut articles and letters. Members receive a free copy but contributions are welcome.



View of Cochin's river



A day out for Geoff



Geoff, left, with his hosts and Toc H volunteers

Toc H Chief Executive Geoff Smith travelled to India for on December 11th. It was an epic journey, and he returned with a taste of Indian food, of chaotic driving, but most of all, of people coming to life.

An international

I arrived in Cochin 14 hours late, at 1.30 am local time, delayed by fog at Gatwick. Outside the airport the air was warm and heady with the scents of India. The Hindustani Ambassador taxis were coming and going, the armed police were keeping the crowds outside the terminal building, the departure lounge was emptying. I was tired and anxious.

But when at 2am, thanks to a helpful airport cab dispatcher, I got through to Dr. Alex Mathew, one of my hosts for the World Chain of Light, he was remarkably relaxed about being woken, and immediately said that he would collect me from the airport if I just waited.

Alex arrived at the airport (33kms from Cochin) within 30 minutes accompanied by Professor Joseph, President of the Toc H Public School. I was in bed asleep by 4.30am and woken at 6am by the driver to take me to the School Chapel for a Communion Service at which I was to preach.

The day that followed was amazing.

In rapid succession we visited the Public School, the Residential School and the Engineering College. I was greeted by staff and students, offered gifts and hospitality, invited to talk about Toc H, addressed the 1,800 students at the Public School, attended a large meeting of Toc H members, inaugurated the Millennium Branch, a new Toc H unit in Cochin, and finally took part in the World Chain of Light which connected me with the rest of Toc H around the world.

Toc H is an international language. As the Toc H Public School Song illustrates so beautifully:

*A Light in the City of Cochin
the Toc H Light
the Toc H School
A light to shine a light to illumine,
Toc H Public School.*

Day Two was quite different. Like Toc H around the world, India celebrates both Fellowship and Service. If Day One was service, Day Two was fellowship.

I took a house boat trip around the back-waters of the river with members of Toc H Cochin branch. It was memorable for the sounds, scents, and views, and the fascinating insight into the traditional contrasted with the modern: fishing in small boats, the famous Chinese nets, the waterside houses where whole families eke out a living in traditional activities - and the naval base, the new bridge which will connect the islands to the mainland, and the dockyards, where modern merchant ships are built alongside traditional wooden fishing boats.

*“ Although
visit was a
short, I can
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commitment
Toc H values
members and
branches in*

for the start of the 2003 World Chain of Light ceremony
turned to England with strong memories of wonderful
committed to working for the good of others.

onal language

Following another wonderful lunch (hospitality in Kerala is generous to a fault and the cuisine, prepared by the matron of the boys' hostel, is simply delicious), the afternoon was spent visiting the new Sanskrit University and an elephant sanctuary. It ended with a visit to the Church of St. Thomas whose 1st Century visit connects Indian Christians with the disciples and the ministry of Jesus.

Later Professor Joseph, a man of letters and social vision, and his wife Molly, provided a delightful tea in their home, with traditional fare of bananas, cashews, fruit, and cake made with chocolate from the cocoa tree growing in their backyard.

Although the visit was all too short, I came away with a very clear impression of the strength and commitment to Toc H values of the members and branches in India.

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Their work with Toc H is a practical expression of their faith and they are contributing real value to the developing social capital of India, through their commitment to education and to serving the very poorest in society, for example with mentally-handicapped young people at a hostel in Chalybain.

The Cochin Branch of Toc H was established in the early Seventies and focused on rehabilitating leprosy and TB patients. Later, in collaboration with the Corporation of Cochin, members undertook rehabilitation work with city beggars.

The Public School started in 1978 with 30 students and two teachers in rented accommodation. It has become a synonym for excellence in education, with a reputation achieved over 25 years of successful teaching and learning.

The school has wide verandas and large, airy, and well-equipped classrooms. It has extensive grounds where the children can study and play hockey and football. The library is modern and has a large number of books, journals, and magazines on a wide range of subjects. There are four well-equipped laboratories for physics, chemistry, biology, and computer science.

The indoor stadium is perhaps one of the largest in Cochin City, and enables our students to play all kinds of games such as basketball, tennis, table tennis etc. in all seasons. It also serves as a venue for literacy, cultural, and community social activities.

The new Toc H Institute of Science and Technology will build on these standards, offering students four-year courses leading to a Bachelor of Technology Degree. The Institute is fully residential with separate girls' and



Pupils at the public school

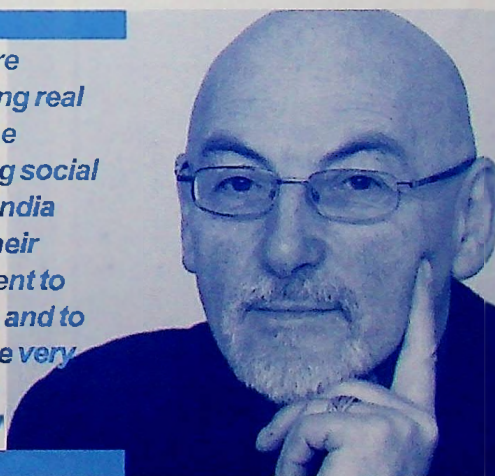
boys' hostels set in 26 acres of countryside overlooking the Sahya mountain range and surrounded by lush greenery.

I returned to England with lasting memories of people who were committed to working for the good of others. It is clear to me that Toc H in England can rediscover the roots of its commitment to building better communities through re-discovering its international mission.

Geoffrey Smith

Geoffrey Smith
Chief Executive, Toc H

“They are contributing real value to the developing social capital of India through their commitment to education and to serving the very poorest in society.”



Obituaries

Thomas W Anglesea
Buckley

Ernest Beddow
Heart of England

Margaret E D Bennett
King's Norton & Northfield

Amy E Green
London District

George W Harding
Kempston

Edward Ralph Hawkins
Buckingham

Harold Kellaway
Cosham & Waterlooville

Walter J Leach
Somerton

Peter S J Medgett
Kennington

Arnold Pitcher
North Walsham

Douglas G Sobey
Gloucester

Winifred Sparkes
Ipswich

Benjamin Spencer
Greenbank

Josephine Startup
South East

Albert Frederic Sutton
Buckingham

News in Brief

Grocery gifts

Melton Mowbray branch helped collect 14 trolley-loads of groceries for its annual 'parcels for the elderly' appeal.

Members distributed 528 parcels – a record for the 22 years the branch has been doing it.



A thousand cups of tea? No problem for the Poperinge branch members who included (from the left) An Kestier, Greg White, Els Sobelle, Martine Boone and Katrien Kestier.

A nice cuppa for a thousand people

A thousand people who attended the 11 November Remembrance Service in Ieper (Ypres) were all given a free cup of tea in the market square, courtesy of Tubby's Poperinge branch.

The visitors, who came to Belgium from all over the world, attended a service in St George's Chapel followed by a parade to the Menin Gate for the Act of Remembrance.

On the eve of the 11th, a service was held in the Cathedral with choirs from England and Belgium singing songs from the war, including "Pack

Up Your Troubles," "Keep The Home Fires Burning" and "It's A Long Way to Tipperary".

The prayers and blessings were shared by the Rev Ray Jones and the Rev Dean Jaak Houwen. Tom Elliott, a retired member of the Toc H staff, took light during the service and the lamp remained lit throughout.

Pam Elliott, a member of Toc H's National Management Committee, said: "It is hoped that this lovely service of peace and remembrance will become an annual event."

Cyclists' challenge

A unique cycle ride will take participants on a fascinating journey through the battlefields of Belgium next year.

Toc H is offering cyclists the chance to test their stamina, by riding an average of 80 kilometers a day for three days, and at the same time backing a very worthy cause.

The challenge is based around Poperinge where Toc H began its work in 1915 as "a haven in hell" helping British soldiers find peace among the horrors of life in the trenches.

The cyclists are in for a fun time (including enjoying Belgian beer in

the popular Grote Market in Poperinge) - but they'll also have the moving experience of visiting key battlefield sites.

Chief Executive Geoff Smith says: "The comradeship of the event itself, and of the visit to the battlefield sites, will be memorable."

The tour is in September 2005 and will be organised by Classic Tours.

The registration fee is £60 and minimum sponsorship is £1,000. If any Toc H member wants to take part, they can get more details from Central Services on 01296 642020 or email: info@toch.org.uk

Chaplain takes Toc H caring to Middle East

Toc H's Chaplaincy Team leader, the Rev John Weir, is to take up a new post in the Middle East.

At Easter he will become Senior Chaplain in Dubai, Sharja and the United Arab Emirates.

It was an interest in Toc H's work in India, particularly in Cochin - where last December's World Chain of Light began - which played a large part in the move.

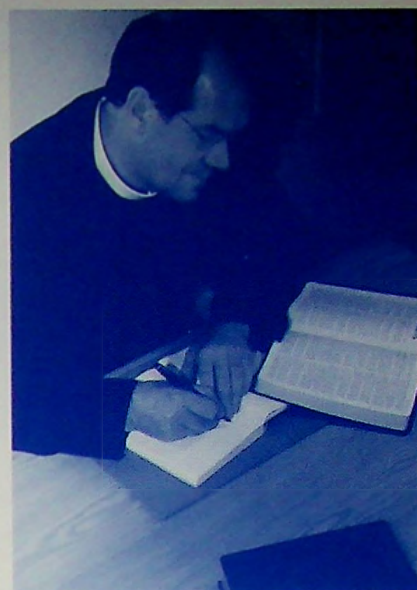
John says: "I have been in contact with Toc H in India for some years now, particularly the school and college in Cochin, and have developed an interest in the Indian church.

"Dubai is a fine, modern city but it was built largely out of the sweat and toil of Indian workers. My interest in their welfare and my experience of ecumenical work has encouraged me to take it to Dubai where I hope to develop the Toc H model of community life.

"In Dubai I shall be responsible for the organisation of services for Protestant churches, the majority of whose worshippers are from India. There are over 75 church groups, including five English congregations."

The appointment, made by the Anglican Bishop of Cyprus and The Gulf, is for two years. "It is an important time in the Middle East," says John. "Christians there need to know that they are cared for and supported, and part of the wider ecumenical Christian community. We need to build bridges between east and west, and between faith communities.

"All the work I have done in encouraging Toc H to bring people together, and all I have learned from Toc H in the UK and in India about conflict resolution, will be the foundation of my new work there. It reminds us how international Toc H is called to be."



Chaplaincy team leader, the Rev John Weir, who is to take up a post in the Middle East.

And now it's the Calendar Boys!

Getting their kit off is what rugby players usually do after a match. But, following the example of the WI "Calendar Girls", Didsbury Toc H Rugby Club have come up with another reason to strip to their birthday suits.

What's good enough for the bold women of the Women's Institute is evidently good enough for the hunks of the Ford Lane team who wanted to raise money for the club's 80th anniversary and to donate money to a children's hospice. So off came the clothes, and out came the camera, to produce pictures for a thousand calendars which are selling at £5 each.

One team member said: "When we did the naked team photo, we got a funny look from a woman was walking past with her dog at the side of the pitch."

If there's another "naked calendar" next year, the non-playing staff are being volunteered! Club members recently went to see the World Cup in Australia. Their huge England flag, with "Didsbury Toc H" written across the front was seen by thousands of viewers worldwide.



John, in less familiar garb, soaks up the sun on a visit to Kerala in southern India.

Jeffrey takes bronze at sport international

Table tennis star player Jeffrey Jarvis took part in an international tournament in Avignon thanks to sponsorship by his Toc H branch.

Jeffrey, 28, who has learning difficulties, was part of a 13-strong team of English players who competed in the French fixture. He won the bronze medal in the play-off for third place, narrowly missing out in a five-game epic.

Melton Mowbray Friendship branch chairman Joyce Beeken said: "Jeffrey is a wonderful person and we think the world of him. His success is a personal achievement both for him and for Toc H."

Jeffrey became a table tennis enthusiast, and a Toc H member, after assistance from his local Melton Mowbray branch in completing his silver and gold Duke of Edinburgh Awards several years ago.

These days, training with an Olympic coach involves a weekly 150-mile round trip to Crewe, as Jeffrey pursues even greater challenges. Further internationals – in Belgium

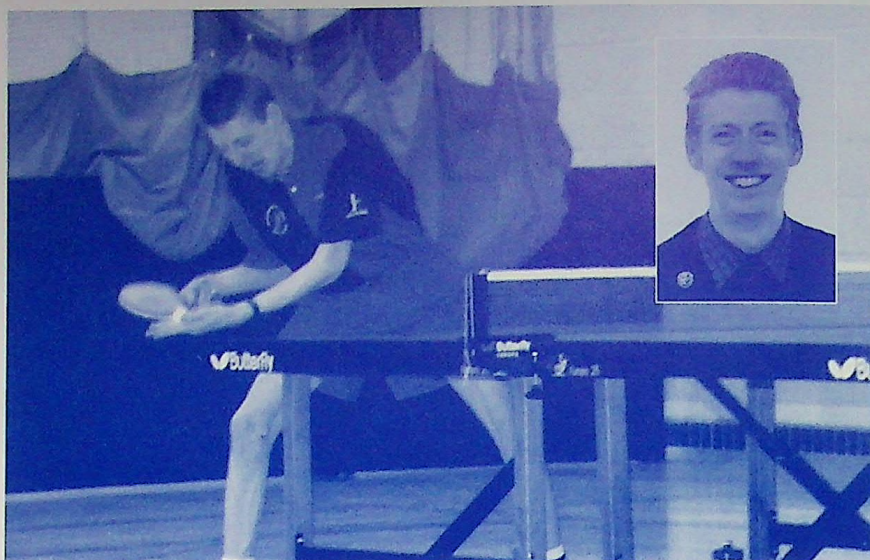


Table tennis champion Jeffrey Jarvis in action – and, inset, it's all smiles for the talented Toc H member.

and France – are already on the horizon. In July he will be going to Bollas in Sweden as part of the England Table Tennis Team at the Global Games.

His mother Beryl said: "Sponsorship for Jeffrey is always gratefully received. He is always smiling with

his table-tennis bat in his hand, whether he is winning or losing. It is a pleasure for all who watch and it would be nice if he can take it as far as his ability will let him."

When he's not practising or playing table tennis, Jeffrey works at the local museum, inputting data.

Lifeline shop still gives great service

For many people in Kempston, a suburb of North London, the Toc H branch shop is a lifeline. It supplies inexpensive clothes for weddings and funerals, prams, pushchairs and cots for mums and mums-to-be on a tight budget.

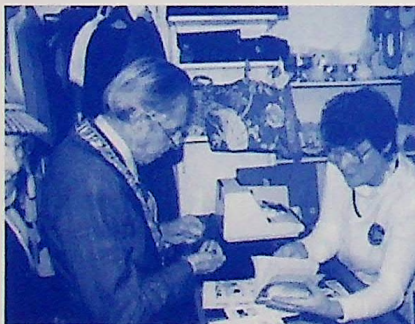
The Williamson Road shop was founded after a branch member visited her daughter in South Africa, came across shops run by Toc H, and thought it would be a good idea to bring home.

Of the 14 original volunteers who began work in December 1988, five are still actively involved. There are now 20 regular volunteers, many of them having worked in the shop for more than a decade.

Profits are shared between Toc H

nationally and the local branch who have been able to help community activities in many ways.

The branch organises an annual party for more than 100 elderly



people, and coach outings during the summer for the elderly and families.

Other organisations helped include

Guide Dogs for the Blind and the Sue Ryder Home and there have been donations to appeals for a local health scanner and baby monitor.

Anyone in the area who has a morning or afternoon to spare on a regular basis is asked to contact the shop on 01234 851251.

Dance date

The Lea Valley branch's well-known 'Jimmy Savile Danceathon' will be held on 5 June.

Thanks, Mr Mayor

David Manning, the Mayor of Broxbourne, has awarded Toc H Lea Valley branch £3,000 from his Mayoral Fund towards future projects.

New members:

Philip is village history man

Philip Jeanes, who has joined Toc H in the East Midlands, became involved with his local Toc H group in Broughton Astley near Leicester several years ago when he was asked to give a talk to the members about local history. In 1977 he had published a small booklet on the story of Broughton Astley, was invited back on more than one occasion, and over the years became very interested in the work of the charity.

Philip, a retired electrical engineer, was born in Broughton Astley and has lived in the village all his life. He says that as well as Toc H's valuable work, the companionship offered by the group is something he really appreciates.

The picture shows, on the right, one of the village's old farm houses, renovated and used by the Conservative Club which allows Toc H to hold its weekly meetings there.



A nostalgic view of Broughton Astley

Two other new members are:

Rev Michael Fass
Scotland

Emmerson Walgrove
Yorkshire & Humber

New Talbot Centre up and running

Toc H's long-awaited Talbot Centre in Bradford is now officially "up and running."

The keys to the former Methodist Church were handed over in November and Chief Executive Geoff Smith said: "The Park Talbot Centre will be a thriving hive of local activity where we will continue to develop Toc H's activities within the community."

Several other organisations including dance and drama group X-plosion! and the area's Sure Start education programme will also use the building, while Bradford College will continue to run English language classes there.

Dwindling congregations led to the closure of the former Park Methodist Church in Little Cross Street in the inner-city West Bowling neighbourhood, and the church was happy for Toc H, as a Christian-based organisation, to take it over. Toc H was already a partner with Bradford's Inner-Ring Group of Christian churches in that area.

The Rev Stephen Willey, Methodist Circuit Minister for the area, formally handed over the keys to the building at a ceremony attended by Geoff Smith, who added: "I am delighted that Toc H now has a permanent base in Bradford. We

have already established a presence here, and I'm excited about the work we have planned for the future. I think Toc H has a very valuable role to play in the city.

"The building is in good order and although there are no immediate plans to alter it, changes can be made in the future if necessary. There are already users of the building which will be a thriving hive of activities locally."

After the official opening, the centre's doors were open to the public for people to get a glimpse of Toc H work in the city.

Interest grows in Dor Knap 'chronicle'

Interest is growing in chronicling the history of Dor Knap, the former Toc H retreat in the Cotswolds.

As reported in the September Point 3, Lionel and Margaret Powell of Stonehouse, Gloucestershire, are helping their 86-year-old neighbour Mrs Pricilla Joseph to collect information for memoirs. Mrs Joseph

lived at Dor Knap before it was rented, after the war, by Toc H for a retreat and conference centre.

A leaflet appealing for help in the collaboration to "capture" Dor Knap in a collection of writing and pictures was handed out at a carol service.

Lionel Powell says: "Several well remembered folk like Ray Fabes,

George Lee, Mary Edwards, Marjery Knight, Frank and Dorothy Kirk and former Toc H Director Ken Prideaux Brune have shown a deep interest in finding and producing a record of this well-loved place. Photographs and personal text are still very welcome, and can be added to much that has been received to date."

Emphasis firmly on fun in packed year of volunteering

Help at a local animal farm; sharing a week helping lonely, elderly people; and taking a leisurely walk around London are just some of the many and varied activities planned for the Toc H Volunteer Programme this year.

As members know, Toc H tries to attract a "mix" of volunteers to allow people of different experiences and backgrounds to learn from each other.

Here's a taste of some of the Toc H events which have been arranged.

23-25 April: Baa Baa Black Sheep. An event at Farings Nature Reserve, Barton-on-Humber, North Lincs, where volunteers can help with the birth of the new-born lambs and help with general flock maintenance.

7-9 May: Make a Difference in May. Volunteers will be helping adults with severe learning difficulties by working at an animal farm, Woodbine Farm, in New Holland, North Lincs.

5 June: Regular readers of Point 3 will be familiar with the **Jimmy Savile Danceathons** at the Cuffley Youth Centre, Hertfordshire – an annual event that started in the sixties and was often visited by the famous man himself. Dances restarted after a gap of several years in the late eighties and have been running ever since.

Last year Sir Jimmy was back at the dance for the first time in a quarter of a century. Guests are adults with special needs from Hoddesdon, Ware, and North London. The project is a weekend with volunteers arriving at the youth centre on Friday night so people can have a meal together and get to know one another. On Saturday the hall is redecorated as a "theme" and food prepared.

2-4 July: Join us in July. Woodbine Farm, New Holland, will again be the venue for a volunteering event, where adults with severe learning difficulties will help at the animal farm.

25-30 July: Caring for the Carers. Toc H's branch at Lindridge, Kingsteignton, Devon, will arrange for a group of carers to enjoy a few days away from their responsibilities.

7-14 August: East Enders' Camp at Rickmansworth Campsite/Talbot Centre, Hertfordshire. Many London East Enders who need a breath of fresh air away from their built-up neighbourhoods find the Rickmansworth Toc H campsite just the place. Volunteers are needed to help make this holiday for the over-18s "go with a buzz".

3-5 September: Make Hay While The Sun Shines. Farings Nature

Reserve, Barton-on-Humber, North Lincs, is the setting for hay collection and general work around the reserve.

4 September: The London Walk. A fund-raising event organised by the London County Action Group, consisting of a leisurely walk around the City of London visiting points of interest. Places mapped out this year all relate to the Great Fire of London. There is £5 entrance fee, or alternately walkers can arrange sponsorship for either Toc H or their own choice of charity.

11-17 September: Lintons Go Back To Lindridge. Following a highly successful first trip in April last year, this five-day residential project at Kingsteignton looks as if it might become a regular event. There are plans to take about six adults with special needs from Lintons Hostel in Hoddesdon, Herts, to the beautiful Toc H property in Lindridge in the heart of the Devon countryside. Volunteers will assemble at Cuffley Youth Centre on the Saturday night and travel by minibus to Devon on the Sunday. Volunteers are expected to befriend the guests and help look after them. As it's self-catering there is shopping, cleaning, cooking, and washing up duties to share out.

You can now help TOC H every time you go online, without it costing you an extra penny!

CharityDAYS is an Internet Service Provider with a difference

When you take out one of our reliable flexible packages, CharityDAYS will make a donation to charity.

For example: Unmetered Tariff

- Only £12.99 per month • No Telephone charges
- Award winning service and customer portal
- Unlimited e-mail addresses - 250 Mb web space
- TOC H receives over £1.50 a month donation, at no extra cost to you

visit www.charitydays.net

or call CharityDAYS on 0845 1400024 for more information

Packages include:

Pay as you go - No monthly charges simply pay for the calls you make at local rate.

Unmetered - Pay a single monthly fee which includes all your call charges. From only £12.99 per month.

Broadband - High speed connection up to 10 times faster than a standard 56k modem. From just £23.99 per month.

6 reasons to choose CharityDAYS

- It costs you less than most other providers
- You get an award winning service
- You can still use your existing e-mail address
- 24 hour technical support for the cost of a local call
- It takes just 5 minutes to change
- You can help TOC H without it costing you an extra penny!



CharityDAYS™
Everyday products that make a difference